

00

Do you ever have chest pain that you think could be related to your heart, or do you have known coronary heart disease? **Yes**
Are you having chest pain right now? **No**

How tall are you? **69 inches**
How much do you weigh? **160 pounds**
Your Body Mass Index (BMI) is: **23.7**

500

Lifestyle:

Do you currently smoke? **Yes**

514

Are you in a smoking cessation class? ✓ 517
☐ Yes ☒ No

Are you using smoking cessation medicine? ✓ 518
☐ Yes ☒ No

How many years have you smoked? ✓ 519
 years

How many packs per day do you smoke? ✓ 520
 packs per day ▶

End This Session

FIGURE 5H

Lifestyle:

Do you currently smoke? **Yes**

Are you in a smoking cessation class? **No**

Are you using smoking cessation medicine? **No**

How many years have you smoked? **4**

How many packs per day do you smoke? **1**

Do you drink alcoholic beverages? **No**

**Do you take anti-oxidant vitamins
such as E, C, or beta carotene?**

☐ Yes ☒ No

**Do you get your recommended daily
allowance of folate and vitamins B6
and B12?**

☐ Yes ☒ No ☐ Do not know

Do you take an aspirin every day?

☐ Yes ☒ No

End This Section

FIGURE 5I

FIGURE 6A

Your Personal Risk Factor Summary	Now	A Month Ago
Smoking 601 →	At Risk	At Risk 602
High LDL Cholesterol	Not at Risk	Not at Risk
Hypertension	Not at Risk	Not at Risk
Enlarged Heart	Not at Risk	Not at Risk
No Daily Aspirin 603 ~	Not at Risk	At Risk 604
Diabetes	Not at Risk	Not at Risk
Low HDL Cholesterol	Not at Risk	Not at Risk
Obesity	Not at Risk	Not at Risk
Lack of Physical Activity	Not at Risk	At Risk
Menopause	Not at Risk	Not at Risk
Level of Stress	Not at Risk	Not at Risk
High Lipids (Triglycerides)	Not at Risk	Not at Risk
Excessive Lipoprotein (A) Level	Not at Risk	Not at Risk
Excessive Homocysteine Level/Low	Not at Risk	Not at Risk
Folate	Not at Risk	At Risk
Lack of Anti-oxidant Vitamins	Not at Risk	At Risk
Low Alcohol consumption	Not at Risk	Not at Risk
Advanced Age	Not at Risk	Not at Risk
Family History	Not at Risk	Not at Risk
Known Coronary Disease Known Peripheral Vascular Disease	Not at Risk	Not at Risk